

Spagyric Tinctures

Tradition, Preparation
and Usage



L002

PERSONAL COPY

This ebook is published by Inner Garden, with kind permission of the author, for distribution within Inner Garden only. Please note that you receive this copy for personal use. Your discretion in this respect is appreciated.

Spagyric Tinctures

Tradition, Preparation, and Usage

By

Beat Krummenacher

Copyright © Beat Krummenacher
All Rights reserved

Published in 2010 by Inner Garden

First Edition



No part of this publication may be reproduced, stored in a retrieval system or transmitted, in any form or by any means without the prior consent of the author, nor be otherwise circulated in any form of binding or cover other than that which it is published and without a similar condition being imposed on the subsequent owner.

Table of Contents

1	Preliminary Remarks	7
2	The Concept of Spagyrics	8
3	Spagyric Understanding of Remedies	11
	3.1 The Arcana	13
	3.2 Polarity	14
	3.3 The Three Alchemical Principles	22
	3.4 The Inner Structure of the Arcana	27
4	The Basic Spagyric Process	29
5	Literature on Spagyrics	33
6	Production of Spagyric Plant Essences	36
	6.1 Basic spagyric proces of Zimpel/Glauber	36
	6.1.1 Raw materials	38
	6.1.2 Yeast Fermentation	38
	6.1.3 The Separation of the principles	40
	6.1.4 Distillation	40
	6.1.5 Incineration (calcination)	41
	6.1.6 Processing of the Ashes	42
	6.1.7 Union (Joining) of distillate and Ashes	42
	6.1.8 Evaluation of the proces of Zimpel/Glauber	43
	6.2 Basic spagyric tinctures of Krauss	44
	6.2.1 Fermentation	45
	6.2.2 Press Juice	46
	6.2.3 Percolation	46
	6.2.4 Conjunctio	46
	6.2.5 Evaluation of the process of Krauss	47
	6.3 Basic spagyric tinctures of Heinz	47
	6.3.1 Fermentation	49
	6.3.2 Pressure distillation	49
	6.3.3 Calcination at over 700 and later 850 degrees Celsius	49
	6.3.4 Second calcination at normal pressure	50
	6.3.5 Evaluation of the process of Heinz	50
7	The complete spagyric process of Krummenacher	51
	7.1 Directions: Complete Spagyric Tinctures	53
	7.2 Explanation of the process of KRUMMENACHER	54
	7.2.1 Preparation of the plant material	54

7.2.2	Addition of sugar	55
7.2.3	Preparation for the fermentation process	55
7.2.4	Completion of the Fermentation Process	56
7.2.5	Vacuum Distillation	56
7.2.6	Standardization of the Alcohol Content	57
7.2.7	Obtaining the calcined ashes	57
7.2.8	Purification of the Salts	57
7.2.9	Addition into the Spagyric Essence	58
7.2.10	Evaluation of the Process of KRUMMENACHER	58
8	Effectiveness of spagyric essences	59
9	Guidelines for the therapy with spagyric essences	61
10	Special features of basic spagyric tinctures	68
10.1	Use of Plants and Waste Problems	68
10.2	Alcohol contents and conservation	68
10.3	Side effects	69
10.4	Incompatibilities	69
10.5	Analysis	69
10.6	Advantages of Usage	70
10.7	Popularity	70
10.8	Increase demand of natural products	70
11	Classification of basic spagyric tinctures as a group of remedies	71
12	Final Remarks	73

END
OF
SAMPLE